

RESOURCE LIST

Social Media Campaign Addressing Stigma & Racism

Campaign Hashtags:

#TNLIPCampaign, #EndStigma, #EndRacism, #EndCOVID19Fear, #MentalHealth, #COVID-19, #SexualHealth

COVID -19

1. World Health Organization's guidelines on elimination of COVID-19 associated stigma; Do's and Dont's: <https://www.who.int/docs/default-source/coronaviruse/covid19-stigma-guide.pdf>
2. Public Health Agency of Canada's COVID-19 Testing and Reducing Stigma: <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/covid-19-testing-reducing-stigma.html>
3. WHO's guidelines on elimination of COVID-19 associated stigma; Do's and Dont's: <https://www.who.int/docs/default-source/coronaviruse/covid19-stigma-guide.pdf>
4. Canadian Mental Health Association guidelines on reducing stigma and discrimination related to COVID-19: <http://www.camh.ca/en/health-info/mental-health-and-covid-19/stigma-and-prejudice>
5. Centre for Diseases Control guidelines on eliminating stigma, fear and discrimination related to COVID-19: https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/reducing-stigma.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fsymptoms-testing%2Freducing-stigma.html
6. Canadian Centre for Occupational Health and Safety; Preventing Stigma: https://www.ccohs.ca/images/products/pandemiccovid19/pdf/preventing_stigma.pdf
7. How to Prevent Fear To Turn Into Stigma: <https://hbr.org/2020/04/dont-let-fear-of-covid-19-turn-into-stigma>
8. Government of Ontario - COVID-19 Vaccines for Ontario: https://covid-19.ontario.ca/covid-19-vaccines-ontario?gclid=EAlaIqobChMIq7-yz-uo7gIVqfLACH3VAA4AEAAAYASAAEgKlHPD_BwE#covid-19-immunization-program

Mental Health

1. Bell Let's Talk's five simple ways to create change and end mental health stigma; For details, please visit: <https://letstalk.bell.ca/en/>
2. Canadian Mental Health Association (CAMH) advises seven things you can do to reduce stigma; For details, please visit: <https://www.camh.ca/en/driving-change/addressing-stigma>
3. Canadian Mental Health Association (CMHA's) recommends STOP criteria to end stigma. Please visit CMHA's website for details: <https://ontario.cmha.ca/documents/stigma-and-discrimination/>

4. Please visit online courses by Toronto LIPs and Canadian Mental Health Association / Centre for Addiction and Mental Health to understand more about stigma.
 - [Mental Health: Confronting Stigma](#)
 - [Understanding Stigma](#)
5. Mental Health Commission of Canada; Opening Minds Together, Against Stigma: https://www.mentalhealthcommission.ca/sites/default/files/Stigma_Opening_Minds_Together_Against_Stigma_ENG_0.pdf
6. Public Health Agency of Canada; Addressing stigma, what we heard: <https://www.canada.ca/content/dam/phac-aspc/documents/corporate/publications/chief-public-health-officer-reports-state-public-health-canada/addressing-stigma-what-we-heard/stigma-eng.pdf>

Sexual Health

1. Stigma and discrimination are reduced through protection of confidentiality and privacy. For details, please read the Public Health Agency guideline for service providers : https://www.cpha.ca/sites/default/files/uploads/resources/stbbi/confidentialitystigma_e.pdf
2. A Handbook for Healthcare Providers Working with Diverse Communities: <https://www.actioncanadashr.org/sites/default/files/2019-04/ActionCanadaSHR-SRH2017-Handbook-EN.pdf>
3. Action Canada for Sexual Health & Rights: <https://www.actioncanadashr.org/>
4. Toronto Public Health Service Providers Training & Education in Sexual Health: <https://www.toronto.ca/community-people/health-wellness-care/health-programs-advice/sexual-health-promotion/service-provider-training-education/>
5. Toronto Public Health Sexual Health Clinics: <https://www.toronto.ca/community-people/health-wellness-care/health-clinics/sexual-health-clinics/>
6. Women, HIV, and Stigma; A Toolkit for Creating Welcoming Spaces: <https://whai.ca/resource/women-hiv-stigma-a-toolkit-for-creating-welcoming-spaces/>
7. Exploring Stigma by Association among Frontline Care Providers Serving Sex Workers: https://understandingsexwork.ca/sites/default/files/uploads/Policy_vol9_SP-PHILLIPS%20%26%20BENOIT.pdf
8. Canadian Public Health Agency Organization Assessment Tool for sexually transmitted and blood-borne infections (STBBIs) and stigma: https://www.cpha.ca/sites/default/files/uploads/resources/stbbi/orgtool_e.pdf
9. Canadian Public Health Agency Self Assessment Tool for sexually transmitted and blood-borne infections (STBBIs) and stigma: https://www.cpha.ca/sites/default/files/uploads/resources/stbbi/stigmascale_e.pdf